

# *Kids World Week One, Winter Menu*

## **Monday**

Lunch: mince and vegetable shepherd's pie  
Afternoon tea: warm bread and dips



## **Tuesday**

Lunch: creamy tuna and vegetable rolls  
Afternoon tea: fruit and yogurt



## **Wednesday**

Lunch: chicken and vegetable fried rice  
Afternoon tea: vegetable sticks and cheeses



## **Thursday**

Lunch: cheesy pasta bake and salad  
Afternoon tea: homemade rice puff bars



## **Friday**

Lunch: Lentil soup and garlic bread  
Afternoon tea: cheese and fruit platter

## **Ongoing:**

**Breakfast:** a variety of cereals and toast

**Morning tea:** a fresh fruit platter and yogurt

**Late snack:** cheese and rice crackers

**Alternatives:** we offer vegetarian and halal alternatives for every meal

*Shake the hand that feeds you!*